



DOVER STARS YOUTH HOCKEY

**2009-2010
Program
Guide**



DOVER STARS YOUTH HOCKEY

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I. INTRODUCTION

The mission of Dover Youth Hockey Association (DYHA) as a non-profit and volunteer organization, our only goal is to provide the appropriate level of instruction and coaching to develop a player's skill level to the degree they want to achieve. Our mission is to develop fundamental skills and the love of Ice Hockey in a competitive environment. Our goal is to promote team play, a competitive spirit, good sportsmanship, and to give boys and girls the opportunity to develop at every level. We strive to accomplish this goal by offering the right amount of skill development for each player's interest from ages five to 18 through various program offerings including; House League, Extended Travel, Split Season, and Full Season Travel.

As a member of the Dover Youth Hockey Association, all individuals including parents, players, coaches, referees, and officials are expected to handle themselves responsibly and courteously and abide by the rules set by USA Hockey and Dover Youth Hockey Association.

Most hockey professionals encourage children to become involved in more than one sport throughout their adolescence to develop more than just one muscle group. With the travel season being so long, Dover Youth Hockey Association encourage and support players being involved in other fall sports such as soccer, field hockey, cross country/track, and football, etc.

DYHA is proud of its heritage and in the past, DYHA players have gone on to play at a number of Seacoast Area high schools including St. Thomas Aquinas, Dover, Marshwood, York, Spaulding, Somersworth, Berwick Academy, and Noble.

Welcome to DYHA!

DYHA Board of Directors

II. INTERNET REFERENCES

To learn more about Dover Youth Hockey Association visit our website:

www.doverhockey.org

Dover Youth Hockey Association (DYHA) organization is affiliated with:

- USAHockey (USAH), for more information visit: www.usahockey.com
- New Hampshire Amateur Hockey Association (NHAHA), for more information visit: www.nhhockey.com

The Dover Youth Hockey Association teams participate in the following leagues:

House Division

- Dover Youth Hockey Association (DYHA), for more information visit: www.doverhockey.org

Travel Division

- Granite State League (GSL), for more information visit: www.nhhockey.com
- Seacoast Hockey League (SHL), for more information visit: www.seacoasthockey.com
- Bay State Girls Hockey League (BSGHL), for more information visit: www.eteamz.active.com/bsgyhl

The Dover Youth Hockey Association home rink:

Dover Ice Arena

110 Portland Avenue

Dover, NH 03820

Phone: 603-516-6060

www.ci.dover.nh.us/Recreation/DoverArena

III. PLAYER & COACH DEVELOPMENT – GENERAL PHILOSOPHY

Dover Youth Hockey Association Program Guide

www.doverhockey.org

DYHA is an organization that focuses on the development of its coaches and players through instruction from year to year. DYHA recognizes that player and child development occurs at different levels as well as different intensity levels. Development is over many years – there will be good and bad experiences – they all contribute to the development of the player involved.

DYHA is committed to developing players to their fullest potential, both the individual skills (skating, stick handling, etc.) as well as hockey concepts, and game knowledge. We feel there are a number of ways to accomplish this with the first being with our association with Louis Chabot Hockey for individual player (and goalie) skills sessions. Well known throughout the Seacoast of New Hampshire and Northern Massachusetts, Louis Chabot is a professional player and goalie development instructor. Louis operates development camps in Maine, Massachusetts, Connecticut, and New Hampshire for 30+ years. Louis is best known in the New Hampshire Seacoast region through his summer camps at UNH.

Louis Chabot is the Director / Owner of the Specialized Hockey Schools. Originally from Montreal, Canada, Louis is a full-time skills developer consulting and training individuals and organizations across the country. Since 1972, Louis has successfully developed players effectively at all levels, both in North America and Europe. Louis spent 12 years as head coach in Spain, France, Switzerland, and Sweden, where he won 5 National Championships at the professional level.

The Player Skills Development Sessions are run by Louis Chabot Hockey and they stress the following:

- Power Skating and Edge Control
- Quickness and Speed Development
- Explosive Starts and Stops
- Tight Turns
- Puck handling
- Shooting
- Passing and Receiving
- Protecting the Puck

Even though Louis Chabot Hockey is organizing and running our Player Skills Development Sessions, each team's coaching staff is on the ice working with their kids and assisting in the sessions. These allows the DYHA coaching staffs the ability to learn from these sessions and are available to assist Louis Chabot Hockey in working with the players while on the ice. DYHA puts a strong emphasis on a player's skill development and hockey concepts. This allows a player to build the necessary foundation for the game of hockey in order for them to continue to grow as a player and person.

Goalie Skill Sessions will be offered to all DYHA goalies, or players interested in playing goalie. Based on age division, Louis Chabot hosts goalie instructional sessions twice a month throughout the season and is included in players/goalies tuition.

The sessions will stress the following:

Skating Skills

- Explosive speed work in crease
- Balance and agility drills
- Explosive shuffles and T-glides

Angles and Positioning

- Visual clues
- Challenging shooters
- Square to the puck
- Using arc and crease properly
- Ability to fill in space

Stance

- Initial stance
- Speed work in stance
- Quick recovery back to the initial stance
- Stick positioning
- Correct position of glove

Use of the Stick

- Poke-checking (short poke, extended poke, side poke, diving poke checks)
- Clearing and passing
- Set-up for a defenseman
- Rebound control

Coach Development: Along with player and goalie development with Louis Chabot, DYHA is also committed to developing our coaches. We realize a portion of a player's development is also dependent on the coach's expertise and his/her ability to provide sound instruction. DYHA works with the coach's to continue their education with USA Hockey through tuition reimbursement, as well as offering instructions on practice planning and practice management, as well as skills development teaching. DYHA has teamed up with Louis Chabot Hockey to help mentor our coaching staffs in the art of teaching the game of hockey to our players through practice and game play.

Regardless of the level, coaches are expected to follow the DYHA minimum skill development guidelines for each group. These guidelines are designed to follow a progression of skills so that all players are taught accordingly. These guidelines have been recommended by our Player Development Committee as a starting point for deriving a program where DYHA develops our players systematically from year to year. The committee feels that our players will develop the best if there is a consistent progression from year to year.

Optional Player Skill Sessions will be offered to all DYHA players. Optional skill sessions will be offered through Louis Chabot Hockey as a "pay as you go" sessions. Players can select and pay for any or all of the sessions they would like to attend. These sessions will be offered twice a month on a regularly scheduled time.

- Power Skating and Edge Control
- Quickness and Speed Development
- Explosive Starts and Stops
- Tight Turns

- Puck handling
- Shooting
- Passing and Receiving
- Protecting the Puck
- Checking - How to give and receive a check correctly. Learn the proper mechanics of checking.

The primary goal of the DYHA Player Development Committee is to develop, identify, and formalize points of emphasis for the development of our players. All Dover Youth Hockey Association Teams should focus on the following:

1. Skating – Continue to be known as an organization that develops good skaters. Focus on “speed”, quick feet mobility, & agility.
2. Passing – Emphasis the importance of passing
3. Read & React – develop this skill through situational play i.e. 2 on 1 & Small Ice Games
4. Keeping it Fun!!

A. MITE SKILL PROGRESSIONS

At the Mite level, players should focus on the skill progressions listed below. Players must learn and master:

INDIVIDUAL HOCKEY SKILLS

SKATING

- | | | |
|---|---------------------|-----------------|
| ✓ Edge Control | ✓ Ready Position | ✓ Forward Start |
| ✓ Forward Stride | ✓ Backward Skating | ✓ Backward Stop |
| ✓ Control Turn | ✓ Forward Crossover | |
| ✓ Control Stop (two-foot snowplow, one-foot snowplow) | | |

PUCK CONTROL

- | | | |
|--------------------------|-------------------------------|--------------------|
| ✓ Lateral Dribble | ✓ Forward-to-Backward Dribble | ✓ Diagonal Dribble |
| ✓ Attacking the Triangle | ✓ Accelerating with the Puck | ✓ Forehand Shift |

PASSING AND RECEIVING

- | | | |
|---------------|------------|-------------------|
| ✓ Forehand | ✓ Backhand | ✓ Receive (Stick) |
| ✓ Eye Contact | | |

SHOOTING

- ✓ Wrist
- ✓ Backhand

CHECKING

- ✓ Poke Check
- ✓ Lift the Stick Check

GOALKEEPING

- ✓ Basic Stance
- ✓ Parallel Shuffle
- ✓ Lateral T-glide
- ✓ Stick Save
- ✓ Body Save
- ✓ Glove Save
- ✓ Forward and Backward Moves

TEAM PLAY

OFFENSE

- ✓ Positional Offense
- ✓ Offense in the Offensive Zone
- ✓ Offense in the Defensive Zone

DEFENSE

- ✓ Territorial Defense
- ✓ One-Man Fore-Checking
- ✓ Basic Defensive Zone Coverage

B. SQUIRT SKILL PROGRESSIONS

Players should continue to master all of the skills for the previously mentioned levels and add the following at the Squirt level. Players must learn and master:

INDIVIDUAL HOCKEY SKILLS

SKATING

- ✓ Edge Control
- ✓ Ready Position
- ✓ Forward Start
- ✓ Forward Start right/left
- ✓ Forward Stride
- ✓ Control Stop
- ✓ One-Foot Stop
- ✓ Backward Skating
- ✓ Backward Stop
- ✓ Control Turn
- ✓ Forward Crossover
- ✓ Backward Crossover
- ✓ Mohawk
- ✓ Lateral Skating

PUCK CONTROL

- ✓ Lateral Side-to-Side Dribble
- ✓ Forward-to-Backward Dribble
- ✓ Diagonal Dribble
- ✓ Attacking the Triangle
- ✓ Forehand Shift
- ✓ Backhand Shift
- ✓ Change of Pace
- ✓ Puck Protection
- ✓ Give and Take
- ✓ Accelerating with the Puck

PASSING AND RECEIVING

- ✓ Forehand
- ✓ Backhand
- ✓ Receiving (Stick)
- ✓ Flip – Saucer Pass (Forehand and Backhand)
- ✓ Receiving (Skate)
- ✓ Indirect Pass (Board)

SHOOTING

- ✓ Wrist
- ✓ Backhand
- ✓ Flip
- ✓ Screen and Deflection
- ✓ Rebounding

CHECKING

- ✓ Poke Check
- ✓ Lift the Stick Check
- ✓ Covering
- ✓ Gap Control Concept
- ✓ Body Positioning - Angling

GOALKEEPING

- ✓ Basic Stance
- ✓ Parallel Shuffle
- ✓ Lateral T-glide
- ✓ Forward and Backward Moves
- ✓ Stick Save
- ✓ Body Save
- ✓ Glove Save
- ✓ Leg Save
- ✓ Skate Save
- ✓ Stacking Pads
- ✓ Rebounds

TEAM PLAY

OFFENSE

- ✓ Positional Offense
- ✓ Offense in the Offensive Zone
- ✓ Offense in the Defensive Zone
- ✓ One-on-One Confrontations
- ✓ Face-Offs
- ✓ Triangle Offense
- ✓ Box Offense
- ✓ Entering the Zone

DEFENSE

- ✓ Territorial Defense
- ✓ One-Man Fore-Checking
- ✓ Back Checking
- ✓ Basic Defensive Zone Coverage
- ✓ Two-Man Fore-Checking

C. PEE WEE SKILL PROGRESSIONS

Players should continue to master all of the skills for the previously mentioned levels and add the following at the Pee Wee level. Players must learn and master:

INDIVIDUAL HOCKEY SKILLS

SKATING

- ✓ Edge Control
- ✓ Ready Position
- ✓ Forward Start

- ✓ Forward Start right/left
- ✓ Forward Stride
- ✓ One-Foot Stop
- ✓ Backward Skating
- ✓ Backward Two-Skate Stop
- ✓ Mohawk
- ✓ Forward Crossover
- ✓ Backward Crossover
- ✓ Lateral Skating
- ✓ Backward Cross Under Start
- ✓ Backward Power Stop (one skate)

PUCK CONTROL

- ✓ Forehand Shift
- ✓ Backhand Shift
- ✓ Change of Pace
- ✓ Slip Through
- ✓ Slip Across
- ✓ Puck Off the Boards
- ✓ Puck Protection
- ✓ Backward Puck Control
- ✓ Give and Take

PASSING AND RECEIVING

- ✓ Forehand
- ✓ Backhand
- ✓ Snap
- ✓ Receiving (Stick)
- ✓ Receiving (Skate)
- ✓ Receiving (Hand)
- ✓ Flip – Saucer Pass (Forehand and Backhand)
- ✓ Surround the Puck
- ✓ Indirect Pass (Board)
- ✓ Wrap Around
- ✓ Breakout

SHOOTING

- ✓ Wrist
- ✓ Backhand
- ✓ Snap
- ✓ Flip
- ✓ Slap
- ✓ Fake Shot
- ✓ Rebounding
- ✓ Tipping

CHECKING

- ✓ Poke Check
- ✓ Lift the Stick Check
- ✓ Covering
- ✓ Stick Press
- ✓ Gap Control
- ✓ Shoulder Check
- ✓ Angling – Steering –Deflecting
- ✓ Receiving a Check

GOALKEEPING

- ✓ Parallel Shuffle
- ✓ Lateral T-glide
- ✓ Glove Save
- ✓ Forward and Backward Moves
- ✓ Leg Save
- ✓ Skate Save
- ✓ Stacking Save
- ✓ Playing the Angles
- ✓ Rebounds
- ✓ Situations

TEAM PLAY

OFFENSE

- ✓ Offense in the Offensive Zone
- ✓ Offense in the Neutral Zone
- ✓ Face-Offs
- ✓ Offense in the Defensive Zone
- ✓ One-on-One Confrontations
- ✓ Power Play Systems
- ✓ Two-on-One Confrontations
- ✓ Entering the Zone

DEFENSE

- ✓ Territorial Defense
- ✓ Two-Man Fore-Checking
- ✓ Man Short Situations
- ✓ One-Man Fore-Checking
- ✓ One-on-One Confrontations
- ✓ Center-on-Point Defensive Coverage
- ✓ Back Checking
- ✓ Shot Blocking

D. BANTAM SKILL PROGRESSIONS

Players should continue to master all of the skills for the previously mentioned levels and add the following at the Bantam level. Players must learn and master:

INDIVIDUAL HOCKEY SKILLS

SKATING

- ✓ Quickness
- ✓ Power
- ✓ Speed
- ✓ Agility

PUCK CONTROL

- ✓ Change of Pace
- ✓ Slip Around
- ✓ Spin Around
- ✓ Slip Through
- ✓ Puck Protection
- ✓ Stop and Go
- ✓ Slip Across
- ✓ Fake Shot
- ✓ Grand Stand

PASSING AND RECEIVING

- ✓ Surround the Puck
- ✓ Flip – Saucer Pass (Forehand and Backhand)
- ✓ Indirect Pass (Board)
- ✓ Receiving (Skate)
- ✓ Wrap Around
- ✓ Receiving (Hand)
- ✓ Breakout
- ✓ One-Touch Pass

SHOOTING

- ✓ Wrist
- ✓ Flip
- ✓ Rebounding
- ✓ Close in Shots
- ✓ Backhand
- ✓ Slap
- ✓ Tipping
- ✓ Snap
- ✓ One-Timer
- ✓ Approach to Net

CHECKING

- ✓ Hip Check
- ✓ Stick Press
- ✓ Angling – Steering –Deflecting
- ✓ Roll Check
- ✓ Body Check
- ✓ Gap Control
- ✓ Receiving a Check
- ✓ Back Check
- ✓ Covering
- ✓ Shoulder Check
- ✓ Block Check

GOALKEEPING

- ✓ Skate Save
- ✓ Stacking the Pads
- ✓ Playing the Angles

- ✓ Rebounds
- ✓ Situations
- ✓ Moving Behind the Net
- ✓ Stopping the Puck along the Boards
- ✓ Poke Checking

TEAM PLAY

OFFENSE

- ✓ Offense in the Offensive Zone
- ✓ Offense in the Neutral Zone
- ✓ Face-Offs
- ✓ Offense in the Defensive Zone
- ✓ Power Play Systems
- ✓ Triangulation
- ✓ Principles: Pressure, Transition, Support, Control
- ✓ Cycling

DEFENSE

- ✓ Man-Short Situations
- ✓ One-Man Fore-Checking
- ✓ Two-Man Fore-Checking
- ✓ Back Checking (neutral zone)
- ✓ Center-on-Point Defensive Coverage
- ✓ Man Short Situations
- ✓ One-on-One Confrontations
- ✓ Boxing Out
- ✓ Wings-on-Point Defensive Coverage
- ✓ Defense in Defensive Zone
- ✓ Defense in Neutral Zone
- ✓ Principles: Pressure, Transition, Support, Control

IV. DYHA PROGRAM OFFERINGS

DYHA offers four programs; Full Season Travel, Split Season, Extended Travel, and House League.

- **Full Travel** is offered for the most serious player's ambition and due to the practice, skill development, and game time will develop the player to their fullest capability. The Full Travel program is the most advanced and competitive program we offer. This program offers the most ice time and participates in the Granite State League and Seacoast Hockey League.
- **Split Season** is focused on the high school age player (15 years old typically), both boys and girls. The purpose of this program is to prepare players for their high school team tryouts and season.
- **Extended Travel** is offered for the player who seeks more competition and more instruction than house league offers, but not the same rigor and time

commitment as a full season travel team. Extended travel includes playing in the house league, as well as playing in the Seacoast Hockey League along with our Full Season Travel teams. Extended Travel is offered for ages 5 to 10 for boys and 5 to 12 for Girls.

- **House League** is offered for the player who seeks an introduction to hockey at a young age, or for a player seeking a traditional recreational schedule. House league is offered for ages 5 to 14.

Player and Goalie Development:

DYHA is committed to developing players to their fullest potential, both the individual skills (skating, stick handling, etc.) as well as hockey concepts, and game knowledge. We feel there are a number of ways to accomplish this with the first being with our association with Louis Chabot Hockey for individual player (and goalie) skills sessions. Well known throughout the Seacoast of New Hampshire and Northern Massachusetts, Louis Chabot is a professional player and goalie development instructor. Louis operates development camps in Maine, Massachusetts, Connecticut, and New Hampshire for 30+ years. Louis is best known in the New Hampshire Seacoast region through his summer camps at UNH.

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1. TRAVEL TEAMS

Full Travel is offered for the most serious player's ambition and due to the practice, skill development, and game time will develop the player to their fullest capability. The Full Travel program is the most advanced and competitive program we offer. This program offers the most ice-time and

participates in the Granite State League and Seacoast Hockey League or Bay State Girls Hockey League.

Our Full Travel hockey program provides an environment where players can learn and enjoy hockey at the highest level possible. Our teams have consistently been at the top of their Divisions in the Granite State, Seacoast Hockey League, and Bay State Hockey League standings. We strive to put the most competitive teams on the ice with our strongest teams playing in Tier 1 and 2. Additionally, we have travel programs that compete at AA level, where we stress individual skill, team play, responsibility, hard work, and fun.

A. Team Divisions

Boy's Age	Division	Girl's Age	Division
8 years old and under	Mites	8 years old and under	U-8
9 and 10 years old	Squirts	10 years old and under	U-10
11 to 12 years old	Pee Wee	12 years old and under	U-12
13 to 14 years old	Bantam	14 years old and under	U-14
14 years old and older	Midgets	16 years old and under	U-16
		19 years old and under	U-19

B. Practices

Full Season Travel teams usually practice twice a week beginning in September until mid-March. Along with regular team practices, teams attend skill sessions offered by skilled professionals to improve players' skating, stick-handling, shooting, passing, and playing strategy. The Split Season Midget & Girls U19 teams will begin their practices in September until the end of October. Our Full Season Midget team will begin their practices after Thanksgiving until the end of March.

C. Games

Most DYHA travel teams play in two leagues. All teams compete in the Granite State League (New Hampshire Amateur Hockey Association), and other area leagues including Bay State Girls Hockey League, and/or Seacoast League.

The annual number of hockey games for a travel team (including Non-Conference & Tournaments) is approximately 45 – 50 games. Independent of which league, travel teams are placed in divisions with teams of similar talent to ensure parity in the league. In years past it has been common, as the season wears on, for teams to move from division tier to division tier causing scheduling changes. Most schedules are finalized between Thanksgiving and Christmas each year. At times these changes create more or less game opportunities.

D. Tournaments

Most travel teams play in at least one league tournament. However, teams may either qualify for other league tournaments by their final position in league standings (such as the Granite State), or choose to play in invitational tournaments throughout the year. Invitational tournaments, such as those played near Thanksgiving and Christmas holidays, are at the discretion of the individual teams (players, coaches, and parents).

DYHA will cover the cost for any League tournaments that a team qualifies for during their season. Any Invitational Tournaments that a team decides to attend will require additional costs incurred by the team above and beyond the normal tuition. If a team qualifies for a State, Sectional, Regional, or National Tournament they are required to attend to represent DYHA.

E. Tryouts

Players interested in being on a travel team are required to attend a tryout session prior to being named to a team. DYHA conducts travel team tryouts in the spring for the following hockey season. Tryout guidelines are communicated each year at tryout time.

2. EXTENDED TRAVEL

Extended Travel includes playing in the house league, as well as playing in the Seacoast Hockey League along with our Full Season Travel teams. The player can expect two practices a week and two games a week; one with their travel team and one with their house league team. All House League players will have five skill sessions offered by Louis Chabot Hockey and Extended Travel receive an additional 5 skill sessions with Louis Chabot Hockey, or 10 in total. Goalie sessions hosted by Louis Chabot are also offered to all DYHA goaltenders, including Extended Travel team goalies, or those interested in playing goalie. These teams play about 16-20 games in the Seacoast Hockey League and 16 games in the House League for approximately 30 games.

The DYHA Extended Travel Program is intended as an introduction for our families and players into the world of Travel Hockey. The program allows players an opportunity to develop their skills within a higher level of team competition. Players in the "Extended Travel" program must also participate in the "House" program which enables players to have more weekly ice time and game opportunities. The Extended Travel teams are established from existing Mite and Squirt House League players who form a team to play in the Seacoast Hockey League.

Extended Travel Team players are required to pay additional tuition over and above the normal house league tuition once they have attended a tryout session and prior to being named to the team.

A. Extended Travel Team Divisions

The Extended Travel has two divisions, based on age (as of December 31st if the current year) and skill level. Extended Travel players are divided as follows:

Age*	Division
8 years old and under	Mites
9 and 10 years old	Squirts

*Age determination is based on the age of the player at the beginning of the season.

B. Practices

Once the House League Season begins the Extended Travel Teams practice once a week in addition to the players practicing with their assigned house league teams on Friday nights.

C. Games

The Extended Travel teams play Seacoast Hockey League and Non-Conference games. Typically the games are scheduled on Saturdays, so they do not interfere with standard House League Friday night practices and Sunday morning games. Occasionally there might be a time that an additional Seacoast or Non-Conference game will need to be scheduled on Sunday in order to accommodate all of the necessary games.

D. Tournaments

The Extended Travel Teams play in the end of season Seacoast Hockey League tournament held typically in mid to late March. In addition, teams choose to play in invitational tournaments throughout the year. Invitational tournaments, such as those played near Thanksgiving and Christmas holidays, are at the discretion of the individual teams (players, coaches, and parents).

3. HOUSE LEAGUE

The DYHA House League was established to provide players and parents an introduction to the hockey experience. The House League is made up of a number of teams in each age division. Players in this league typically have one practice and one game per week. The House League aims to balance team's abilities within their age division, yet attempts to allow friends to play

together. In most age divisions, players get to enjoy trying every position on the ice, including goalie.

In the scheme of competitive hockey, House League is typically the least intense and demanding of the players and parents. Players experience of play in the House League range from the first time player to experienced players. The House League season lasts 16 to 18 weeks beginning in late October through the end of February.

A. House League Team Divisions

The House League has four divisions, based on age (as of December 31st of the current year) and skill level. House League players are divided as follows:

Age*	Division
6 years old and under	Mini-mites
7 and 8 years old	Mites
9 and 10 years old	Squirts
11 to 14 years old	U-14

*Age determination is based on the age of the player at the beginning of the season. The age divisions are subject to change based on the number of players that register for the House League season.

On occasion, the House League Committee will recommend a player play in another division based on their skill level and the surrounding players in their age appropriate division. This could mean a player will “play-up”, playing in an age division with older kids, or “play-down”, playing with kids of a younger age. The purpose of playing “up” or “down” is to provide a player the appropriate opportunity to grow their hockey skills, and build their confidence, as well as meet the leagues goal of parity among teams in each division.

B. House League Practices

House League practices are usually Friday nights, with the younger age divisions practicing earlier in the evening. In addition to team practices, “skill

sessions” are offered throughout the season on a rotating basis to the Mite through U-14 players. All House League players will have five skill sessions offered by Louis Chabot Hockey. Goalie sessions hosted by Louis Chabot are also offered to all DYHA goaltenders, including House League goalies, or those interested in playing goalie.

C. House League Games

House League games are scheduled on Sunday mornings. Mini-mites begin as early as 7:00 a.m. and then the Mites, Squirts, and U-14 follow. These teams play about 16 games in the House League and at the squirt (11-12 years old) and U14 (13-14 years old) will travel for a few games with local house league teams in other associations.

D. House League Tournaments

At the end of the House League season, DYHA hosts the Don Heyliger House/Instructional Tournament. The Heyliger invites house and instructional programs from around the Seacoast to Dover to play in a round robin format for a weekend. Tournament participation is voluntary and the cost for this tournament is not included in your Dover Youth Hockey Association House League tuition and is collected prior to the event. In most cases, house league teams stay and play together in the tournament.

4. SCHEDULING POLICY – TRAVEL & HOUSE LEAGUE TEAMS

It is the responsibility of the Dover Youth Hockey Association Scheduler to obtain the necessary ice from the Dover Arena for all practices and games. The scheduler will assign practice ice to all Travel and House League teams in an equitable manner to make sure the teams are receiving the necessary amount of ice that is budgeted per team.

Since Dover Youth Hockey Association purchases all of its ice before the season begins it is imperative that ice times that are scheduled for teams to use for practice or games be utilized by those teams. If you know of any

individual dates where it will be impossible for the Head Coach and Assistant Coach to hold a practice due to a work schedule conflict, please let the Scheduler know as soon as possible – last minute changes often are not available and we will end up paying for ice time we do not use. Please do not swap practice times with other teams without permission from the Scheduler as changes need to be communicated to the appropriate parties. In addition, any changes to the schedule need to be authorized and document by the Scheduler for accurate reflection of scheduling for each team.

Under no circumstances does a coach have the authority to cancel a scheduled practice or game as this is the sole responsibility of the Dover Youth Hockey Association scheduler. In general, a request to cancel or reschedule a game must be made at least one week in advance. *NOTE - Please understand that the last minute cancellation of a game cannot be done simply because parents or players decide a game is inconvenient. We have league requirements, reciprocal arrangements with other associations and, in the case of away games, there are other teams that have purchased ice and arranged for referees. There are repercussions for canceling games with the various leagues and fines that will be levied to our Association if the procedures are not followed. A game can not be cancelled within 72 hours of its start time or the Association will be responsible for paying the other Association the ice costs, referee costs, and if it is reschedule the cost of the ice for the new game. It is the responsibility of each team to look ahead at their schedule to determine if they are going to have an issue with the number of players for a game and notify the scheduler prior to 72 hours of game time.

We want to make sure that all of the ice that Dover Youth Hockey Association has purchased does not go unused throughout the season, so it will be at the Schedulers discretion to allocate this ice out to all of the teams. Throughout the season there will be some ice that comes available throughout the week and weekends. The Scheduler will look at the teams that are available to use that open ice and assign the ice based on an equitable distribution. This means a team might have an added practice given to them at the beginning of a week based on unused game ice or additional ice that has come available. The Scheduler will assign the practice time to the teams and notify them via the website of an added practice.

If a team would like to schedule some Non-Conference games with another team they need to contact the scheduler to make the arrangements for them. **Under no circumstances will a Head Coach, Assistant Coach, Team Manager, or Parent schedule any games for the team.** All ice distribution and scheduling is the responsibility of the DYHA Scheduler. There is a budget for each team for games and referee costs that need to be taken into account, as well as scheduling referees for the game.

The scheduler tries to schedule the same number of games for all of the teams, but the number of teams in a particular league division will determine the number of games they will play. To supplement the schedules the DYHA Scheduler will try to fill those missing games slots with Non-Conference Games. From time to time the Scheduler will receive inquiries from Non-League opponents to play additional games outside the League schedules. Based on the team's availability and number of games on their schedule the Scheduler will either book the additional games or turn them down.

Since the Scheduler does not have control over the ice times for other Associations they can not guarantee the time of day a particular team will play a game. The Scheduler will look at all different options to schedule a game at the appropriate time period for the age group in question. Typically the younger age groups will get earlier ice times to play games and the older ages will play the later times.

Nobodies Game Schedule is finalized on the website based on Leagues moving teams around into different divisions and other Associations have to change game dates and times. The DYHA Scheduler will try to keep the changes to a minimum and as soon as the Scheduler knows of the change it will be posted on the DYHA website. In addition the scheduler will send an email message to the entire team notifying them of the changes.

If a team wants to attend an invitational tournament that is up to each team to research and book. Please bring in the Scheduler into the conversations of going to a tournament from the earliest point so those dates can be blacked out on your schedule for League Games. The Scheduler needs to be notified no later than a month in advance that a team is going to an invitational tournament in order to accommodate the rescheduling of League Games over

the same time period of the Tournament. If the scheduler is notified later than a month that a team is going to a tournament then the Scheduler can not guarantee they will be able to reschedule the league games for that weekend. If the games cannot be rescheduled then the team needs to make a decision to either attend the tournament or forfeit their league games. Dover Youth Hockey Association does not condone a team forfeiting League games in favor of going to an invitational tournament.

Game Competition: DYHA's goal is to leverage what has been taught in their skill sessions and practices and turn that knowledge in game situations. DYHA does not place a major emphasis on wins and losses, as our philosophy is in a player's skill development. Even though this is our philosophy we want our players and teams to learn to have competitiveness to their game play. The level of game competition varies depending on the DYHA program a player chooses to participate.

House League teams are formed based on parity and games against teams formed on the same philosophy. House League teams do not have team tryouts, and therefore provide a wide range of skills per team.

Extended teams have a tryout, where most, if not all, are named to the team. If there is a wide discrepancy between a player or two and the rest of the team, that player may be encouraged to attend the additional skills sessions DYHA offers to improve their skills and perhaps wait another year before moving to Extended Travel.

Split Season and Full Season travel teams require a player to attend tryouts and make a team based on ones skill. These travel teams are compiled based on like skills and have several teams at each age division. These travel teams are then placed with other teams with similar skills within the leagues they play.

DYHA's main objective with their team's game schedule is to provide a challenge for our teams through good league and non-league competition. We enter our teams into level appropriate invitational tournaments to further the development of our teams. If a team is winning or losing by large scores in their respective League divisions we will petition to have them moved to a

more competitive division. We do not want to see our teams have a differential in win and loses that are really lopsided. Placing our teams in the Granite State and Seacoast Hockey Leagues allow DYHA the ability to achieve our parity in competition for our teams. Both of these leagues will adjust teams in all levels based on parity to make the divisions more competitive. Our goal is to place our teams in a league division where they will play close and competitive games throughout the season.

The Granite State League (GSL) provides playoffs at the State, Regional (New England) and National Level. Advancement beyond the State Level is based on the age division and “tier” your child is playing in the GSL. Depending on the age division and tier, Mites advance to the State Level, Squirts to the Regional, or Sectional Levels, while all others could advance to a National Level if playing at the appropriate tier within the GSL.

The Seacoast Hockey League provides a limited travel distance schedule, as much as possible, with a season ending tournament with no advancement beyond the league and divisional championship.

5. INCLEMENT WEATHER POLICY – TRAVEL & HOUSE LEAGUE TEAMS

The Association does not want to put any Coach, Player, or Parent in a situation where they do not feel safe driving to a game or practice. The rule of thumb as to whether a game or practice is cancelled is determined if the rink you are traveling to is open or closed. If the rink is open then the game or practice is still scheduled to happen.

Under no circumstances will a coach cancel a game or practice due to inclement weather. The final decision to play or not is the responsibility of the DYHA scheduler and the opponent’s scheduler. No coach will contact an opposing team's coach or scheduler to cancel a game. If certain procedures are not followed in canceling a game our Association can be subjected to pay a hefty fine to the other Association. All scheduling changes need to be done through the scheduler who will contact the opposing team's scheduler. Remember that it might be bad weather in our location, but the rink that your team is traveling to the weather might just be fine.

The cost of ice for all Associations is quite significant, so all efforts will be made to play a game on its scheduled date regardless of the inclement weather. The Association suggests that you should allow for additional time to travel to a game in inclement weather.

The process for communicating if a game has been cancelled due to inclement weather by the Dover Scheduler will be the following:

1. There will be a message posted on the front page of the Dover Youth Hockey Association Website with games or practices that have been cancelled.
2. If possible, an email will go out to all of the team members that the scheduler has an email address for in the website, to notify them of the cancellation.
3. Please do not contact the scheduler directly if you are not the Head Coach of the team to request a game to be cancelled due to inclement weather.

V. DUES AND PAYMENTS (2009-2010 SEASON)

Mite Teams: \$1550

- Granite State League and Seacoast Hockey League combined 45 - 50 games
- 55+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament
- Seacoast Hockey League Tournament
- 10 skill sessions with Louis Chabot for Skaters
- 10 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Squirt Teams: \$1550

- Granite State League and Seacoast Hockey League combined 45 - 50 games
- 55+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament
- Seacoast Hockey League Tournament
- 10 skill sessions with Louis Chabot for Skaters
- 10 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Pee Wee Teams: \$1550

- Granite State League and Seacoast Hockey League combined 45- 50 games
- 55+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament
- Seacoast Hockey League Tournament
- 10 skill sessions with Louis Chabot for Skaters
- 10 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Bantam Teams: \$1550

- Granite State League and Seacoast Hockey League combined 45 - 50 games
- High School sensitive games times (i.e. Sunday evenings)
- 55+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament
- Seacoast Hockey League Tournament
- 10 skill sessions with Louis Chabot for Skaters
- 10 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Girls Teams: \$1550

- Granite State League and Bay State Girls Hockey League combined 45 - 50 games
- 55+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament
- Bay State Girls Hockey League Tournament
- 10 skill sessions with Louis Chabot for Skaters
- 10 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Split Season Midget Teams: \$900

- Granite State League – approximately 15 - 20 games
- 20+ practices at age appropriate practice times
- Equal playing time for all skaters
- Granite State League Tournament

Split Season U19 Girls Teams: \$900

- Bay State Girls Hockey League – approximately 14 - 16 games
- 20+ practices at age appropriate practice times
- Equal playing time for all skaters

Extended Travel Teams: Mites & Squirts (End of October – Mid-March) - \$1150*

(*This figure already includes the House League Cost of \$525)

- House League and Seacoast Hockey League combined approximately 30 games
- 40+ practices at age appropriate practice times
- Equal playing time for all skaters
- Seacoast Hockey League Tournament
- 5 skill sessions with Louis Chabot for Skaters
- 5 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

Extended Travel Teams: Girls U12 (End of October – Mid-March) - \$1150*

(*This figure already includes the House League Cost of \$525)

- House League and Bay State Hockey League combined approximately 30 games
- 40+ practices at age appropriate practice times
- Equal playing time for all skaters
- Bay State Hockey League Tournament
- 5 skill sessions with Louis Chabot for Skaters
- 5 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Discounts at Philbricks Sports

House League Teams (End of October – End of February) Ages 5 to 14

- **Mini Mites (< 7 year olds) - \$325**
- **Mites (7-8) - \$525**
- **Squirts (9-10) - \$525**
- **U14 (11-14) - \$525**
- 18 practices at age appropriate practice times
- Equal playing time for all skaters
- Teams organized by parity, geography, “friends and family”
- 5 skill sessions with Louis Chabot for Skaters
- 5 Goalie Clinics with Louis Chabot
- Additional Optional Skill Sessions with Louis Chabot
- Team jersey
- Team socks

The ability of DYHA to provide your child a quality hockey program depends on the fees it collects and the success of its fundraising. Our dues structure is therefore based on a combination of various fees and you have the ability to lower your payments by participating in the various fundraisers our organization will hold (these are described on the following pages).

2009-10 Tuition Payment Information

A. Payments

Tuition must be paid in full as outlined in the DYHA Team Placement Acceptance and Tuition Contract.

Please note: Changing the Tuition Contract or its terms in any way, for any reason, is possible only by means of submitting a completed “Tuition Contract Modification” form to the DYHA Treasurer for review. (This form is available at the DYHA website under the “Forms” button.) Contract modifications are not automatic and will not take effect until approved by the DYHA executive board.

Due dates are as follows:

1. Tryout Fees and Non-Refundable Deposits

Tryout fees are used to pay for the costs associated with tryouts. Tryout fees are not applied or credited to your child’s tuition balances.

Non-refundable deposits will be applied to your child’s tuition statement and therefore will reduce the first tuition payment by that amount. Depending upon the circumstances and as approved by the treasurer, a non-refundable deposit may be transferred (applied as a credit only) to a sibling’s (same family) DYHA account that is not past due.

2. August 15th

- Split Season Midgets & Girls U19 Teams – Full Tuition Due
- Full Season Travel Teams – ½ Tuition Payment Due*

* Note: Bingo Volunteers with more than 6 months of service and approval by the Bingo Coordinator will need to speak with the DYHA Treasurer prior to the Due Date of the Tuition Payment.

3. October 15th

- Full Season Travel Teams – Final Tuition Payment Due*
- House League Teams - ½ Tuition Payment Due*
- Extended Travel Teams - ½ Tuition Payment Due*

* Note: Bingo Volunteers with more than 6 months of service and approval by the Bingo Coordinator will need to speak with the DYHA Treasurer prior to the Due Date of the Tuition Payment.

4. December 15th

- House League Teams - ½ Tuition Payment Due*
- Extended Travel Teams - ½ Tuition Payment Due*
- Full Season Midget teams - Final Tuition Payment Due*

- Note: Bingo Volunteers with more than 6 months of service and approval by the Bingo Coordinator will need to speak with the DYHA Treasurer prior to the Due Date of the Tuition Payment.

B. Financial Hardship:

For individual consideration and review, please mail or email a letter to the DYHA Treasurer as soon as the hardship presents itself. Include as much detail as possible about your hardship. Also provide reports, if any and your plan of action (anticipated dates/timeframes, equipment requirements, financial extensions, or payment plans).

Changing the Tuition Contract or its terms in any way, for any reason, is possible only by means of submitting a completed “Tuition Contract Modification” form to the DYHA Treasurer for review. (This form is available at the DYHA website under the “Forms” button.) Contract modifications are not automatic and will not take effect until approved by the DYHA executive board.

We need to know specifically what you are asking the DYHA Board to do about your situation and how you are expecting us to help you. *Do not wait until payment deadlines or tryout time!*

Note: If the DYHA executive board denies your “Tuition Contract Modification” request, the due dates and any applicable late payment fees will remain intact.

C. Late Payment Penalties

Late or past-due tuition payments may incur the following (or a combination of) \$15 per week Late/Rebilling fee, \$25 returned check fee, suspension and/or removal of the player from the team roster.

Any player not current by the payment due date jeopardizes his/her skating privilege and roster placement until that player's account is made current, or until an acceptable payment arrangement has been negotiated and documented by the DYHA Treasurer(for minor exceptions) and/or Executive Committee for major changes to your Tuition Contract. **Please don't put your child in this embarrassing situation; as sad as it is, this may be the only recourse the organization has to make things fair to all its members.**

*Although tuitions, in full or in part, may be paid by accumulating Bingo Credits, **Bingo Credits are neither a substitute nor a release from tuition payments and deadlines.** Bingo volunteers will remain responsible for paying their tuitions by the due dates! Out of pocket tuition payments due on the respective due date will be calculated by the Treasure and Bingo Coordinator. If there is an estimated out of pocket payment due, it must be paid by the due date! The calculation will be the average of the previous six months of Bingo Credits, anticipated earnings for the time remaining until the following season's tryouts together subtracted from the tuition balance on or about the tuition due dates

NOTE: DYHA reserves the right to send a player's account to a third party collection agency after unsuccessful attempts to collect the outstanding tuition balance. If your account goes to collections the player will be responsible for the outstanding tuition balance and subsequent fees for collecting the outstanding funds.

D. Tuition Credits

The following tuition credits are available to offset tuition payments. All credits require **original** documentation/receipts and must be submitted, to the treasurer, by the appropriate due dates.

1. Bingo Credits*:

These credits may be applied to current (non-past-due) tuitions only. Otherwise, credits will be applied to the following season's tuition. (Bingo Credits may also be used for tryout fees and deposit fees if tuitions are paid in full and there are sufficient credits already earned to cover these costs and with the approval of the Bingo Coordinator.)

Note: Bingo credits may not be earned or used to pay tuitions which are past due.

*Volunteering your time at **Seacoast Bingo and/or using Bingo Credits** does not release you from payment due dates. (See Tuition credit sheet or web page at WWW.doverhockey.org)

2. Coach/Team Manager USA Hockey registration:

Coaches/Team Managers must be rostered. Coaches must be USA Hockey team-level-certified. Verification of registration and original receipt must be received by the treasurer before September 1st in order to receive credit. If the original receipt is not received by the treasurer before September 1st then the Coach/Team Manager will not receive a credit.

3. Coaches'/Team Managers' Background check:

Original receipt required for current season must be received by the treasurer before September 1st in order to receive credit. If the original receipt is not received by the treasurer before September 1st then the Coach/Team Manager will not receive a credit.

4. Coaches' USA Hockey course:

With a successful completion of a USA Hockey Certification Course for level 1, 2, 3, and 4 for rostered coaches, the registration is eligible for a credit. Original registration receipt and a copy of USA Hockey Coaching Card (front and back), for the current season, must be received by the treasurer before

January 15th in order to receive credit. If the original registration receipt and a copy of the USA Hockey Coaching Card is not received by the treasurer before January 15th then the Coach will not receive a credit.

5. Additional Coaching credits*:

For the 09-10 season, coaches will be provided DYHA team warm-ups (To qualify, a coach must be registered, rostered and USA Hockey level-accredited and otherwise in good standing with DYHA). Each team is allowed to have a maximum of four coaches on the bench, so DYHA will only be providing warm-ups for up to four coaches per team. If you choose to have more coaches' help out with practice those coaches will have to purchase their own warm-ups.

*Volunteering your time as a **coach or team manager** does not release you from the payment due dates. (See the Tuition Credit sheet or web page at www.doverhockey.org).

VI. FUNDRAISING OPPORTUNITIES

A. BINGO

BINGO is the most popular fund raising activity in DYHA. BINGO is played at Seacoast Bingo in Somersworth, NH on Sunday afternoons from 1:30 pm to 7:00 pm. Parents are encouraged to volunteer to participate and earn credit toward their annual tuition. All parents of DYHA players, House League or Travel, are eligible.

1. Bingo Credit Policy

Seacoast Bingo is used by the Dover Youth Hockey Association as a fundraiser. The funds derived from Bingo are, in part, used by DYHA for promoting DYHA, equipment purchases, administrative and office expenses, certifications, registrations, legal and emergency costs and as an alternate means of tuition assistance.

Members of Dover Youth Hockey Association may volunteer their assistance to the Bingo Coordinator at Seacoast Bingo and receive Bingo Credits.

Bingo Credits must be applied to specific player's (s') current tuition statement (s), as assigned on the day of credit accrual.

Bingo Credits may be applied to current or future DYHA tuitions only. Bingo credits may not be used to pay outstanding or past-due (payment in arrears) tuition. Credits have no cash or other refund value.

Volunteering your time at Seacoast Bingo is based, in part, by the number of volunteers required on specific days and as scheduled by the Bingo Coordinator, Kathy Gilpatrick. A waiting list may be employed, as necessary.

If you are interested in using Bingo Credits to offset tuition fees, please contact Kathy Gilpatrick at dyhabingodirector@doverhockey.org and the DYHA Treasurer at dyhatreasurer@doverhockey.org

Commitment:

Bingo volunteers must be committed to the business of the Seacoast Bingo, servicing the players and the job assigned to them by the Bingo Coordinator.

Assignment:

Assigned schedules/times must be worked unless a true emergency arises or other arrangements have been made with the Bingo Coordinator (at least 48 hours prior to assignments).

Volunteers who arrive late or "no-show" for their work assignments may be dismissed from the assigned day. After two unexcused tardies/absences, the Bingo Coordinator reserves the right to remove the volunteer from the team and place the volunteer at the end of the wait list or deny further participation.

The Bingo Coordinator will have the right to assign or reassign volunteer responsibilities as might be required or deemed necessary to provide the best possible service to the business/players of Seacoast Bingo.

Volunteers who work year-round (i.e. not just during the hockey season) will be given “preferred assignment status”.

Attrition:

Volunteers whose dependents no longer play hockey for DYHA, either by quitting a team(s) or through attrition, will, as of the quit date or end of current season,-relinquish their position to another player family.

B. INDIVIDUAL TEAM OPPORTUNITIES

Individual teams (players, coaches, and parents) can chose to seek team sponsorships and use the money in an appropriate manner. In the past, teams have raised funds for such things as team warm-ups, game and/or practice jerseys.

NOTE: Any fundraising ideas that an individual team wants to do will need to be approved by the DYHA Board and Fundraising Committee. We need to make sure that the fundraising idea is in accordance with all Federal, State, and Local Laws for a Non-Profit Association to undertake.

C. DYHA FUNDRAISING ACTIVITIES

DYHA will be forming a Fundraising Committee which includes the parents of DYHA players. The Fundraising Committee is looking for parent volunteers to get involved in generating new ideas, communicating events, and assisting with events where needed. If you are interested in participating, please contact a DYHA Board Member.

DYHA fundraising activities contribute to the effort to keep DYHA hockey affordable, while providing the opportunity to expand and fund the various programs (goalie and player skills, coaching education, etc.) with little or no cost to the players.

VII. COACHING SELECTION PROCESS

A. THE ASSOCIATIONS PHILOSOPHY ON COACHES

1. Principles and Objectives

All coaches are volunteers of Dover Youth Hockey Association. The Association strives to recruit the services of the best possible candidates to serve as Head and Assistant Coaches for our various teams. The Association attempts to select coaches who share the Association's goals and philosophy at the level at which the coach prospectively will coach.

The prospective coaching candidates must submit in writing a Coaches Application from the Dover Youth Hockey Association Website to the Coaching Committee by the date published in order to be considered as a candidate. The coaching application must specify the level that the candidate desires to coach, a list of previous experience and accomplishments, and any other information that would be helpful.

The Coaching Committee reviews the candidates and develops a list of recommended head coaches. If not enough candidates have submitted a resume, the Coaching Committee will recruit potential head coaches, relying on their collective experience to identify candidates.

Given that Head Coaches must sometimes travel with their job and from a skill standpoint may need a skilled and knowledgeable assistant which can assume the role of the head coach in practices and games. Assistant coaches are critical to the hockey development of the team, thereby furthering the education of the hockey players. With the Coaching Committees approval, assistant coaches are nominated by the team head coach, but must also be approved by the Coaching Committee and the Board of Directors.

DYHA welcomes the enthusiastic support of parents, many of whom are former players and many of whom are prospective coaches. However, because all of DYHA's coaches and assistant coaches must have been properly accredited by USA Hockey, and because the USA Hockey insurance

only covers properly rostered players and coaches, only authorized coaches and assistant coaches may participate in DYHA on-ice activities. Anyone wishing to help their skater's team out should contact the Coaching Committee to become properly accredited and approved to participate.

2. Selection Process

After reviewing the list of applicants, their coaching applications/resumes, and the previous seasons coaching evaluations the available coaching committee members will interview prospective applicants in person. Applicants shall be questioned and evaluated based on their capabilities in these primary areas:

- Their knowledge of hockey and not necessarily playing experience
- Their ability to commit the necessary time and energy to the position
- Their ability to communicate with players and parents
- Strong Ambassador for the Association
- Will not use their coaching position as a platform to emphasize their own child's development and enjoyment

Will embrace and follow Dover Youth Hockey's systems and philosophies
All coaches should demonstrate competency in skating, hockey skills, teaching techniques (Ability to Teach and Work Positively with the Kids), strategies, interpersonal skills, problem solving skills, and skills in communicating with parents and players.

In addition, as a minimum qualification, all head coaches must be "patched" at the required level through USA Hockey or in a position to be patched for that level for the season in question.

1. Different Levels on a Team

- a. Selection of Head Coaches and Team Assignments

Head Coaches shall be selected and assigned teams by the Coaching Committee after the selection and assignment of players to teams, with the final list of all Head Coaches submitted to the Board of Directors for approval. Head Coaches shall have a high level of competency in the qualifying skills listed above for all coaches in Dover Youth Hockey Association and must agree to give Dover Youth Hockey Association priority over coaching commitments to other hockey or other sports programs.

b. Selection of Assistant Coaches

Assistant coaches shall be nominated by the Head Coach of a team and the names handed over to the Coaching Committee. (**Note:** An Assistant Coach is not automatically placed on a team because the Head Coach would like them to be on the ice with them.)

Each Assistant Coach candidate will go through the same process listed above as the Head Coaches for approval. Assistant Coaches shall be assigned to teams by the Coaching Committee after going through the process, with the final list of all Assistant Coaches submitted to the Board of Directors for approval.

Note: All Level 1 Head Coaches shall be selected first. Those not selected as a Head Coach at the Tier 1 level will be eligible to be a Head Coach at the other Tier Level teams. The Coaching Committee must approve all Assistant Coaches and Coaches. In the event of a conflict between members of the Coaching Committee concerning a particular Coach the Board of Directors will vote to determine approval or disapproval of the appointment.

c. Team Managers

The Head Coach shall appoint a Team Manager, who shall be responsible for working with the parents on organizing the team's participation in all team and Dover Youth Hockey Association activities, including tournaments, fundraising and social activities.

The Team Manager shall seek to minimize the amount of time the coaches spend in performing the administrative tasks associated with a team's

participation in Dover Youth Hockey Association programs, and therefore maximize the amount of time the coaches spend coaching the players.

DYHA Team Manager Description

Background check is necessary for the Team Manager; DYHA will reimburse for this expense.

Position Summary:

To help organize team logistics, functions and communications as requested by team coaches. Team coaches and team manager(s) will work together to provide the following, so that the team is organized, legal and fun for all.

- Communicate with coaching staff and parents regularly.
- To complete all rosters and assure rosters and other league papers (photo consent, etc.) are filed with the League officers in a proper and timely manner. This includes Team Roster and Game Play Validation Sheet (check boxes)
- Ensure all forms are filed in alphabetical order in 3-ring binder from coaches and players.

Needed from both coaches and players:

- Signed Roster
- Medical Insurance
- Consent to Treat
- Code of Conduct
- Email addresses, home and cell phone numbers

Needed from just players:

- State issued birth certificate (not hospital issued)
- Foreign born player documentations (VISA, Foreign Player Release)

Needed from just coaches:

- Coaches Cards (front and back)

- To train and organize the parents and assign scorekeeping responsibilities for each home game.
- Assist the coaching staff in reporting league/game information to the league officials:
 1. **Seacoast Hockey League:** the Team Manager should e-mail or call the Seacoast Hockey League Representative for DYHA by Sunday evening for the week's games.
 2. **Granite State Hockey League:** the Team Manager should mail in the game sheets to the State VP for your team by Monday morning for the prior week's games (labels provided).
- **Website** – updating the team website on a weekly basis – pictures, stories, team highlights, etc. You will need to contact Kevin Fascetta or Blake Pease for access.
- Print team labels for game sheets (need 4 per game; must include players name and number, identify the goalie and all coaching staffs names, level and number)
- Assist in team promotions, including organizing sale of dance tickets and a “team basket” to be donated to annual fundraiser in February; communicate details about picture night, kick-off parties, etc. to team parents
- Season ending banquet
- Submit nomination for annual Warren Brown Award
- Coordinate and schedule participation in tournaments per team/parent/coaches discussion. This includes the following: obtain payment from Craig Lombard (Treasurer) – when necessary; collect money from parents when necessary; submit registration and roster; plan hotel and travel; check in the team at the tournament (must have birth certificates, coaching certificates and USA Hockey Official Roster required).
- Obtain travel directions and ensure all families know how to get to the rink.

VIII. 2009-2010 DYHA BOARD OF DIRECTORS

Name	Phone	Email Address	Responsibilities
Doug Soule	603-969-2126	dyhapresident@doverhockey.org	President
Jamie Eno	603-743-3324	dyhavicepresident@doverhockey.org	Vice President
Craig Lombard	603-742-0847	dyhatreasurer@doverhockey.org	Treasurer
Kim Beardsworth	603-743-4037	dyhasecretary@doverhockey.org	Secretary
Blake Pease	207-646-7959	dyharegistrar@doverhockey.org	Registrar
Kevin Fascetta	603-953-6715	dyhascheduler@doverhockey.org	Scheduler
Chuck Mancuso	603-743-6761	coachingdirector@doverhockey.org	ACE Coaching Director
Jim Gowen	603-817-0743	miterep@doverhockey.org	Mite Division Representative
Scott Scheeler	978-494-3201	squirtrep@doverhockey.org	Squirt Division Representative
Michelle Launsby	603-394-5176	peeweerep@doverhockey.org	Pee Wee Division Representative
Chuck Mancuso	603-743-6761	bantamrep@doverhockey.org	Bantam Division Representative
Cheryl Sullivan	207-251-3312	midgetrep@doverhockey.org	Midget Division Representative
Dave Bovee	603-742-0790	girlsrep@doverhockey.org	Girls Division Representative
Ty Morin		refereechief@doverhockey.org	Referee-n-Chief
Stacie Constas	603-817-2745	houseleaguedirector@doverhockey.org	House League Director
Michelle Launsby	603-394-5176	fundraisingdirector@doverhockey.org	Fundraising Director
Doug Soule	603-969-2126	gslrep@doverhockey.org	Granite State League Representative
Cheryl Sullivan	207-251-3312	shlrep@doverhockey.org	Seacoast Hockey League Representative
Louis Chabot		chabotshs@comcast.net	Player & Goalie Skill Director
Kathy Gilpatrick	603-978-2144	dyhabingodirector@doverhockey.org	Bingo Coordinator
Jamie Eno	603-743-3324	playerdevelopment@doverhockey.org	Player Development Director
Michelle Launsby	603-394-5176	teammanagerdirector@doverhockey.org	Team Manager Director

Kim Beardsworth	603-743-4037	tournamentdirector@doverhockey.org	Tournament Director
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IX. POINTS OF INTEREST

A. COMMITTEES

The DYHA Board has created a number of committees for the purpose of focusing on various responsibilities for the board, the parents, and the players. Review the DYHA Board of Directors and their corresponding list of responsibilities.

- Tryout Committee – playeropenings@doverhockey.org
- Player Development Committee – playerdevelopment@doverhockey.org
- Coaching Committee – coachingcommittee@doverhockey.org
- Fundraising Committee – fundraisingdirector@doverhockey.org
- Discipline Committee – disciplinecommittee@doverhockey.org
- House League Committee – houseleaguedirector@doverhockey.org

B. PARENT'S INVOLVEMENT

There are plenty of opportunities for parents to get involved in DYHA activities. Some of the parent volunteer positions work directly with the Board of Directors, while other work directly with individual Board members in their committee assignments.

Each team, whether house or travel, have "Team Managers". Team Managers organize activities for the players, as well as assist the DYHA board and Division Reps with team communications of importance. Parents are also asked to assist with keeping the score sheet, coaching (head and assistants), and timekeeping.

The house league leverages parent volunteers for several capacities from coaching (head and assistants) to division reps and timekeepers.

DYHA is operated entirely from volunteers. Parents make-up an extremely large portion of the volunteers and are directly accountable for the success of the overall program. DYHA Board of Directors welcome parent involvement at all levels.

C. DYHA WEB SITE

The DYHA website can be found at www.doverhockey.org. The website is kept up to date throughout the season and summer months. The website will be used to communicate pertinent DYHA news and information throughout the year.

D. USA HOCKEY

USA Hockey is the governing body of ice hockey. As such, DYHA follows all rules set forth by USA Hockey in all applicable situations. The USA Hockey website can be found at www.usahockey.com.

E. EQUIPMENT REQUIREMENTS

All DYHA players are expected to be fully equipped to play on the ice including, but not limited to:

- Skates
 - Neck Guards
 - Mouth Guards
 - Helmet with cage or shield
 - Shoulder pads
 - Elbow pads
 - Athletic supporter
 - Pants
 - Shin pads
 - Gloves
 - Hockey socks
 - Hockey shirt
-
- **Mouth guards** are required for all players at all levels. If you are not wearing them you will not be allowed to participate on ice. New Hampshire

Amateur Hockey Association requires that the mouth piece be in color, so it will be visible by the referee.

- **Neck guards** - Starting in the 2009/10 season the DYHA Board of Directors has passed a motion that Neck Guards will be mandatory for ALL Players.
- Some coaches may require specific colored shirts for practice purposes.

F. COACHING EDUCATION

Along with player and goalie development with Louis Chabot, DYHA is also committed to developing our coaches. We realize a portion of a player's development is also dependent on the coach's expertise and his/her ability to provide sound instruction. DYHA works with the coach's to continue their education with USA Hockey through tuition reimbursement, as well as offering instructions on practice planning and practice management, as well as skills development teaching. DYHA has teamed up with Louis Chabot Hockey to help mentor our coaching staffs in the art of teaching the game of hockey to our players through practice and game play.

Regardless of the level, coaches are expected to follow the DYHA minimum skill development guidelines for each group. These guidelines are designed to follow a progression of skills so that all players are taught accordingly. These guidelines have been recommended by our Player Development Committee as a starting point for deriving a program where DYHA develops our players systematically from year to year. The committee feels that our players will develop the best if there is a consistent progression from year to year.

G. SKILL SESSIONS

DYHA is committed to developing players to their fullest potential, both the individual skills (skating, stick handling, etc.) as well as hockey concepts, and game knowledge. We feel there are a number of ways to accomplish this with the first being with our association with Louis Chabot Hockey for individual player (and goalie) skills sessions. Well known throughout the Seacoast of New Hampshire and Northern Massachusetts, Louis Chabot is a professional player and goalie development instructor. Louis operates development camps in Maine, Massachusetts, Connecticut, and New Hampshire for 30+ years.

Louis is best known in the New Hampshire Seacoast region through his summer camps at UNH.

Louis Chabot is the Director / Owner of the Specialized Hockey Schools. Originally from Montreal, Canada, Louis is a full-time skills developer consulting and training individuals and organizations across the country. Since 1972, Louis has successfully developed players effectively at all levels, both in North America and Europe. Louis spent 12 years as head coach in Spain, France, Switzerland, and Sweden, where he won 5 National Championships at the professional level.

Goalie Skill Sessions will be offered to all DYHA goalies, or players interested in playing goalie. Based on age division, Louis Chabot hosts goalie instructional sessions twice a month throughout the season and is included in players/goalies tuition.

Dover Youth Hockey Association Code of Conduct Program

I. PURPOSE

The Purpose in implementing this program is twofold. First, the Association needs to portray a good example while visiting other Associations. In addition, we need to set a high standard for visitors to our Association. Secondly, we want all DYHA Members to be proud of their Association. We want the members to be able to enjoy a program that promotes growth in a family type atmosphere.

II. USA HOCKEY ZERO TOLERANCE POLICY

In an effort to make ice and inline hockey a more desirable and rewarding experience for all participants, USA Hockey instituted a zero tolerance policy beginning with the 1992-93 season. This policy requires all players, coaches, officials, team officials and administrators and parents/spectators to maintain a sportsmanlike and educational atmosphere before, during, and after all USA Hockey-sanctioned games.

Thus, the following points of emphasis must be implemented by all referees and linesmen:

Players

A minor penalty for unsportsmanlike conduct (zero tolerance) shall be assessed whenever a player:

1. Openly disputes or argues any decision by an official.
2. Uses obscene or vulgar language at any time, including any swearing, even if it is not directed at a particular person.
3. Visually demonstrates any sign of dissatisfaction with an official's decision. Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such action.

Coaches

A minor penalty for unsportsmanlike conduct (zero tolerance) shall be assessed whenever a coach:

1. Openly disputes or argues any decision by an official.
2. Uses obscene or vulgar language in a boisterous manner to anyone at any time.
3. Visually displays any sign of dissatisfaction with an official's decision including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players, or spectators.

Any time that a coach persists in any of these actions, he/she shall be assessed a game misconduct penalty.

Officials

Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial and constructive manner at all times. The actions of an official must be above reproach. Actions such as "baiting" or inciting players or coaches are strictly prohibited. Officials are ambassadors of the game and must always conduct themselves with this responsibility in mind.

Parents/Spectators

The game will be stopped by game officials when parents/spectators displaying inappropriate and disruptive behavior interfere with other spectators or the game. The game officials will identify violators to the coaches for the purpose of removing parents/spectators from the spectator's viewing and game area. Once removed, play will resume. Lost time will not be replaced and violators may be subject to further disciplinary action by the local governing body. This inappropriate and disruptive behavior shall include:

1. Use of obscene or vulgar language in a boisterous manner to anyone at any time.

2. Taunting of players, coaches, officials or other spectators by means of baiting, ridiculing, threat of physical violence or physical violence.
3. Throwing of any object in the spectators viewing area, players' bench, penalty box or on ice surface, directed in any manner as to create a safety hazard.

III. USA HOCKEY SEXUAL ABUSE POLICY

It is the policy of USA Hockey and USA Hockey InLine that there shall be no sexual abuse of any minor participant involved in any of its sanctioned programs, its training camps, hockey clinics, coaches clinics, referee clinics, regional and national tournaments or other USA Hockey or USA Hockey InLine events by an employee, volunteer, or independent contractor. Sexual abuse of a minor participant occurs when an employee, volunteer or independent contractor touches a minor participant for the purpose of causing the sexual arousal or gratification of either the minor participant or the employee, volunteer or independent contractor. Sexual abuse of a minor participant also occurs when a minor player touches an employee, volunteer or independent contractor for the sexual arousal or sexual gratification of either the minor participant or the employee, volunteer or independent contractor, if the touching occurs at the request or with the consent of the employee, volunteer or independent contractor.

Neither consent of the player to the sexual contact, mistake as to the participant's age, nor the fact that the sexual contact did not take place at a hockey function are defenses to a complaint of sexual abuse.

Upon proof of violation of this policy, the violator will be permanently banned or suspended from USA Hockey and USA Hockey Inline sanctioned programs and/or the programs of its affiliate associations.

IV. USA HOCKEY PHYSICAL ABUSE POLICY

It is the policy of USA Hockey and USA Hockey Inline that there shall be no physical abuse of any participant involved in any of its sanctioned programs, its training camps, hockey clinics, coaches' clinics, referee clinics, regional and national tournaments or other USA Hockey or USA Hockey Inline events by

any employee, volunteer or independent contractor. Physical abuse means physical contact with a participant that intentionally causes the participant to sustain bodily harm or personal injury. Physical abuse also includes physical contact with a participant that intentionally creates a threat of immediate bodily harm or personal injury.

Physical abuse does not include physical contact that is reasonably designed to coach, teach, or demonstrate a hockey skill. Permitted physical conduct may include, but is not necessarily limited to, shooting pucks at a goaltender, demonstrating checking and other hockey skills, and communicating with or directing participants, during the course of a game or practice, by touching them in a non-threatening, non-sexual manner.

V. USA HOCKEY HAZING POLICY

It is the policy of USA Hockey and USA Hockey Inline that there shall be no hazing of any participant involved in any of its sanctioned programs, its training camps, hockey clinics, coaches clinics, referee clinics, regional and national tournaments or other USA Hockey or USA Hockey Inline events by any employee, volunteer, participant or independent contractor.

USA Hockey is concerned with the activity known as “Locker Boxing” (aka Helmet & Gloves) which produces head trauma in children and young adults. USA Hockey is opposed to that activity and recommends that our local associations take action to prevent this activity through awareness, education, and supervision.

Definition: Conduct which is insulting, intimidating, humiliating, offensive, or physically harmful. Any player, team official, executive member of a team, club or association having been party to or having had knowledge of any degrading hazing, or initiation rite, without reporting it or taking action, shall be subject to suspension from playing or holding office with any team, club or association affiliated with USA Hockey.

VI. USA HOCKEY CONSUMPTION/ABUSE OF MOOD ALTERING SUBSTANCES POLICY

It is the considered judgment of the Board of Directors of USA Hockey that consumption/use/abuse of mood altering substances is detrimental to a healthy state of mind, body, and spirit in an athletic participant. This is especially true for those participants aspiring to develop their talents in the furtherance of their playing, or coaching, or officiating careers in the sport of ice hockey. Therefore, with the best interests of its participants in mind, USA Hockey and USA Hockey Inline prohibit use by any participant of mood altering substances during active participation in its programs, and, upon discovery of any violation, shall take action to remove the participant from participation in its programs for a reasonable period of time. Further, USA Hockey and USA Hockey Inline hereby recommend that each and all of its teams, associations, programs and affiliates adopt reasonable regulations concerning the prohibition of consumption/use/abuse of mood altering substances, and a reasonable enforcement procedure thereafter, in order to maintain the health of our athlete participants, the integrity of our programs, and the eligibility of all of our competitors for national, international, and collegiate competition.

For purposes of this policy, the words “mood altering substances” shall include the following:

1. Intoxicating beverages, including, but not limited to, alcohol.
2. Non-prescription or prescribed controlled substances.
3. Prescription or prescribed controlled substances when used to an excess in violation of doctors orders, or to produce the state of intoxication in the participant.

Further, a participant shall include players, coaches, referees, and all persons involved in the conduct of an ice or inline hockey contest.

VII. COACHES CODE OF CONDUCT

Winning is a consideration, but not the only one, nor the most important one. You should care more about the child than winning the game. Remember, players are involved in hockey for fun and enjoyment.

- Be a positive role model to your players; display emotional maturity and be alert to the physical safety of players.
- Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach; don't yell at players.
- Adjust to the personal needs and problems of players; be a good listener; never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence, and develop self-esteem; teach them the basics
- Organize practices that are fun and challenging for your players. Familiarize yourself with the rules, techniques, and strategies of hockey; encourage all your players to be team players.
- Maintain an open line of communication with your player's parents. Explain the goals and objectives of your association.
- Be concerned with the overall development of your players. Stress good health habits and clean living.

A. RESPONSIBILITIES

- I understand that I am representing the Dover Youth Hockey Association (DYHA) as well as my team and will act accordingly at all times. Any inappropriate conduct directed towards members of the DYHA Board of Directors or the representatives of other associations, other volunteers, parents, players, and officials will not be tolerated.

- I understand that coaching is a position of trust. Therefore, I will be a positive role model for my players and will maintain my personal integrity and dignity at all times.
- I understand that being a coach means being, first and foremost, a teacher. I will teach my players basic hockey skills, techniques and strategies, and will give all my players the opportunity to improve their skills, gain confidence, and develop self-esteem.
- I will learn and know the rules of the game and the policies of the league and shall support and uphold them to the best of my ability.
- I will know and understand the principle of fair ice time and will give every player an opportunity to play as much as possible. I will never, knowingly or intentionally, violate the principle of fair ice time.
- I will always display good sportsmanship and fair play, and will encourage the same from my players, colleagues, opponents, parents, and spectators.
- I will respect the referees and game officials and their authority during every game. I will not dispute, challenge, or excessively argue any decisions made by them, or confront any referee or league official at the rink before, during, or after a game. If necessary, I will take the time to calmly and rationally discuss the situation or call made during the game with a league official or DYHA Board Member.
- I will not swear, use profanity or make obscene gestures, or engage in any inappropriate behavior or conduct, while acting in a coaching capacity or representing the Dover Youth Hockey Association.
- I understand that the game of hockey is a team sport and will treat all my players in a fair and equal manner. I will stress that teamwork and being a team player are more important than any individual goals.
- I will have a positive attitude and will always praise my players for trying hard, playing fair, and doing their best, regardless of the outcome of the

game. I will not criticize or yell at any player for making a mistake or losing a game. I will not tolerate physical or verbal abuse in youth sports.

- I will maintain an open line of communication with my players' parents. I will explain my goals and objectives for the team, as well as the rules of the game and the policies of the league, whenever requested or necessary, to the best of my ability.
- I will demand a sports environment that is free from drugs and alcohol and will refrain from their use at all games, exhibitions, practices, and events. I will never coach a game or conduct practice if I am under the influence of drugs or alcohol.
- I will be humble in victory and gracious in defeat.

VIII. FAIR ICE TIME POLICY

The Dover Youth Hockey Association organizes, runs and administers hockey programs, both house and travel, for over 400 players. **At its core, all of these teams are developmental.** Even at the Tier I level the priority for all players is to maximize the opportunities to further their skill development. As a goal, we hope they set their sights on making their High School Varsity team.

This philosophy of maximizing skill development is inherent and reliant upon ice time. DYHA teams practice twice a week and typically play between one and four games a weekend (dependent upon tier). **THE ONLY WAY A PLAYER CAN IMPROVE IS TO BE ON THE ICE.**

As a coach, it is your responsibility to make sure every player gets a reasonably equal amount of playing time in games. It is not necessarily important to coach to win, not in every instance. **It is more important to coach and teach.**

As a coach, you do have some latitude:

- a. **3 Minute Rule:** Collectively, you are allowed to use up to 3 minutes of "discretionary time." In other words, you may use up to three

Dover Youth Hockey Association Code of Conduct Program
www.doverhockey.org

minutes of the game time to go with your “best” players if you so desire. This can occur as a minute in each period, or three minutes at the end of the game. It’s your choice, but it cannot go over three minutes.

- b. **Discipline:** It is perfectly alright to sit a player for a shift as a measure of discipline (e.g. not passing the puck, mouthing off). If need be, you are allowed to bench a player for up to one period (e.g. breaking team rules, missing practices). Anything longer than a period must be approved by the DYHA Disciplinary Committee.

Equal playing time is important for many reasons. Every player or his/her parent(s) pays for the privilege of playing.

- a. Equal pay means equal ice time.
- b. Kid’s don’t develop their skills or improve their game sitting on the bench.
- c. As a coach, one of the most important moves you can make is simply opening the door and rotating the lines.

The philosophy here is simple. For kids to improve, we must make sure they have exposure to every possible situation on the ice. That’s how they learn. Every player should be given the chance to be on the ice at the end of the game, trying to score the game winner; or preventing the tying goal. Every player should play on the power play or on the shorthanded unit.

At no level, Tier I through Tier V should a player ever be passed over because they are deemed the weakest player on the line.

Therefore, it is incumbent upon you, the coach, to make sure that every player receives as equal ice time as the next. This applies to ALL levels, Tier I through V. The only levels that the coach has more latitude to distribute ice time are at the Bantam and Midget Levels, as these are High School age players.

2. Try to keep shifts to a minute or less. This gives the players more touches per period, exposing them to more game situations.
3. Do not play one line over another when it comes to power play opportunities or short-handed challenges. Every player needs to be exposed to these situations.
4. Do not single out the “weakest” player on a line and sit them when short-handed.
5. Rotate your starting lines.
6. Do not favor one line/player over another when it comes to power play opportunities, important face-offs or other critical moments in a game.
7. Try not to double-shift certain players. Players should be encouraged to play in different positions. As an example, if you have 8 forwards, rotate through instead of double shifting centers or wings. Kids learn quickly when they view the game from different perspectives.

8. BE FAIR.

Remember, we have most of these kids for about 12 years (ages 5-17). What we do in that time frame is critical to their physical development, social skills, self-esteem and hockey prowess. Their maturity level is directly affected by how they are treated. We must always challenge them to improve and we must always give them the opportunity to improve.

Coaches who do not abide by this policy will be subject to disciplinary action by the Disciplinary Committee and/or the DYHA Board of Directors.

IX. PARENTS CODE OF CONDUCT

- I will not force my children to participate in ice hockey, but support their desire to play the sport. Remember children are involved in organized hockey for their enjoyment. As a parent you will try to make it FUN for your children.
- I will encourage my child(s) to play by the rules and to resolve any conflict without resorting to hostility or violence. Remember, your children learn best by example, so applaud the good plays of both teams.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of the game. I will make my child feel like a winner every time by offering praise for competing fairly and hard.
- I will not embarrass my child(s) by yelling at players, coaches, or officials. Showing a positive attitude toward the game and all of its participants will benefit your child. This includes, but not limited to, ridiculing them in public/private or yelling at them for making a mistake or losing a game.
- I will never question the official's judgment or honesty in public. I recognize that officials are being developed in the same manner as players.
- I will never yell, taunt, threaten, or inflict physical violence upon any player, coach, official, or spectator at **ANY** youth hockey activity. I will refrain from the use of abusive or vulgar language, racial, ethnic, or gender-related slurs at any time at the rink or any youth hockey function. I will support all efforts to remove verbal and physical abuse from the youth hockey games.
- I will leave the coaching to the coaching staff. I will encourage my child to play in a manner consistent with the team's strategy or plans. Recognize the importance of volunteer coaches. They are important to the development of your child and the sport of hockey. Communicate with them and support them.

- I will emphasize skill development and a serious approach to practices and explain how skill development will benefit my child.
- I will attempt to learn about the game of hockey (USA Hockey Rules, equipment, levels, skills, etc.) so that I may best support my child's development in the game.
- I will not throw objects of any kind on the ice, or lean over and pound on the glass.
- I will not approach the player's benches of either team during the game in an effort to gain attention of coaches or players. Nor shall I attempt to gain access to the bench before, during, or after a game. This will be viewed as a non-verbal violation of the 24-hour rule. The only exception to this rule is for your son/daughter having an injury or an illness on the bench.
- I will communicate all and any concerns regarding appropriate behavior to the Team Manager, Coach, Coaching Director, DYHA Board Member, or the local youth hockey association representative.
- I will insist that my child plays in a safe and healthy environment. I will support a sports environment that is free of alcohol, drugs or tobacco and I will refrain from their use at all youth hockey events.
- I understand that the benefits from participating in a team sport, the commitment, the discipline, and the social skills learned and acquired.
- I will remember that my child plays hockey for his or her enjoyment, not mine.

X. PLAYERS CODE OF CONDUCT

Every player shall conduct himself/herself at all times with due regard for the safety of others. Any players, while engaged in a DYHA or USA Hockey sanctioned activity, who acts in excess of legitimate body contact and consciously, intentionally, deliberately, or voluntarily disregards the safety of others, shall (at the discretion of the coach or league official) be:

- A. Prohibited from further participation in the activity in which said conduct is displayed or,
- B. Suspended for one (1) game or,
- C. Both of the above.

Any player while engaged in a DYHA or USA Hockey sanctioned activity, who acts in excess legitimate body contact and consciously, intentionally, deliberately, or voluntarily disregards the safety of others or is plainly indifferent to the safety of others, and said conduct results in the injury to another party, shall be suspended by the Board of Directors from participating in DYHA or USA Hockey sanctioned activities. The severity of the incident along with the discretion of the Board of Directors will determine the length of suspension. The Board reserves the right to suspend a player for the remainder of any given season that the incident occurred in.

Those provisions in paragraph 1 & 2 of the Players Code of Conduct shall not apply in those instances where League discipline is imposed on a player.

Dues shall not be prorated or refunded for the period of any suspensions by a League or by the DYHA Board of Directors.

Two (2) or more violations of paragraph 1 and/or 2 of the Players Code of Conduct will, at the discretion of the Board of Directors, result in an indefinite suspension, including future seasons. A player suspended under this section may petition the Board of Directors, in writing, no sooner than sixty (60) days from the date of suspension, to remove the suspension.

When a suspension is issued to a player, he/she will remain inactive in the League in which they were suspended until the suspension has been satisfied.

Example: If the Granite State League gives a one game suspension to a player, the player cannot play a Granite State League game until the suspension has been served.

- Players should play to have fun.
- All players on a team should strive to work hard to improve their hockey and social skills.
- Be a team player; get along with your teammates.
- Learn the concept of teamwork, sportsmanship, and discipline. These will not only aid you in the game of hockey, but in your social endeavors as well.
- Adhere to the team policies and procedures for getting to games and practices on time.
- Learn the rules of hockey and play by them in all practices and games. Always is a good sport in winning and losing situations.
- Have respect for your coaches, your teammates, your parents, your opponents and the officials at all times during and after any DYHA and/or USA Hockey sanctioned events.
- Never argue with an official's decision before, during, or after a game.

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a player:

- A. Openly disputes or argues any decision by an official.
- B. Uses obscene or vulgar language at any time, including any swearing, even if it is not directed at a particular person.

- C. Visually demonstrates any sign of dissatisfaction with an official's decision.

Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such action.

DYHA Discipline Policy

I. Player Discipline

The coaches of the Dover Youth Hockey Association have the right and the responsibility to maintain team and player discipline. Disciplinary action may be taken by a coach to enforce appropriate conduct including compliance with the Association's policies and rules, compliance with the DYHA Code of Conduct Program for players and compliance with team rules as set by the coaching staff of a team. Disciplinary consequences are in the coaches' reasonable discretion, and may include sitting a player out for portions of a practice or up to 1 period of a game or suspension from play depending on the severity of the offense. Anything beyond this will have to be approved by the Disciplinary Committee. The DYHA Board will stand behind its coaches in enforcing appropriate discipline.

If a player is suspended for a Violation of Team, USA Hockey, League, or Association Rules the following policy will be implemented. When a player is suspended for a game(s) they will need to be present for the game(s) they are suspended. (When the DYHA Board says a player needs to be present at the game this means they need to be on the bench and in the locker room with the team.) On the bench they need to be dressed in their team jersey and helmet. If they do not abide by these rules the DYHA Board of Directors can subject the player to further disciplinary action.

II. Coaches Discipline

The Coaching Director, Disciplinary Committee, or the DYHA Board of Directors has the right and the responsibility to maintain team and coaches

discipline. Disciplinary action may be taken by the Coaching Director, Disciplinary Committee, or the DYHA Board of Directors to enforce appropriate conduct including compliance with the Association's policies and rules, compliance with the DYHA Code of Conduct Program for coaches and compliance with league rules. Disciplinary consequences are in the Associations' reasonable discretion, and may include sitting a coach out for portions of a practice or a game(s) or suspension from coaching for DYHA for a definitive time period depending on the severity of the offense.

III. Disciplinary Action for Parents

24-Hour Rule

Our teams will all use a common system that may differ from other teams and systems that you may have seen in the past. "Over coaching" will only serve to confuse the players at this young age and will actually slow their development as a team.

4-Step Process for Resolving a Problem with a Coach:

1. Think Before you Act

Understand that coaching hockey is in many ways an art not a science. There is not any one best way to coach. Some shifts are going to be shorter than others. Some kids are going to sit longer during a penalty kill. Just because you and your coach differ in opinion, does not necessarily make either of you wrong.

2. Observation of the 24-hour Rule

Parents MUST wait 24-hours before approaching a coach with ANY game or practice complaint. If you really have a problem it will still be there in a day. Many times, a situation that seems all consuming at the time turns out to be totally manageable after you leave the rink. The DYHA Board of Directors and Coaching Director view the 24-hour rule as the procedure in dealing with an

issue with a coach. Its main purpose is to reduce temper flair-ups that come with the heat-of-the-moment issues that occur on and off the ice.

3. Talk to Your Coach

After waiting 24-hours, try to work things out with your coach. When discussing the issue with the coach remember to stay calm, stick to the facts, and explain your views. Remember, your coach is a volunteer donating many hours of his/her time to be on the ice with your son/daughter. Try to mix in some positive statements along with the issue such as, "Coach, Preston is really enjoying the season but I'm curious about something...can you help me understand why he sat out the last 5 minutes of the game yesterday?" Keep in mind that your coach has many players' interest in mind along with the welfare of the team. Also, remember that we (parents and hockey coaches) all make mistakes from time to time. Expecting perfection is a recipe for disappointment.

4. Still No Luck

If, after these 3 steps, you are still unable to resolve the issue with your child's coach, do not suffer in silence. Please contact the DYHA Level Representative and explain your situation to him/her. If you have not gone through steps 1 through 3 then the Level Representative is going to refer you back to talking with the coach first before he/she gets involved.

Inappropriate conduct by parents that may call for disciplinary action includes the breach of the Dover Youth Hockey Association's policies and procedures, breach of the DYHA Parent Code of Conduct Policy and breach of team rules set by the coaching staff of a team. Examples of inappropriate conduct include, but are not limited to, abusive language or conduct towards players, other parents, coaches, or referees.

In the event disciplinary action is warranted in respect of a parent, the coach or their Level Representative will first **warn** the parent that the behavior in

question is inappropriate and will not be tolerated. The Board may, in its discretion, deem their actions to warrant further disciplinary action.

IV. *Complaint Procedures*

If a Parent, Player or Coach has a complaint with another member of the DYHA Association they need to follow the guidelines set forth to resolve their conflict.

A. Step One:

1. For a minor issue approach the individual(s) who you have a concern with and try to resolve it amicably.
2. You should discuss the situation and agree to a mutual understanding of each other's concerns. Then come to a mutual resolution to the issue at hand. As always this process should be done in a positive and respectful manner for both parties.

B. Step Two "A":

1. If the issue involves a player or a parent on the team approach the head coach with the issue. Remember to keep in mind the 24-hour rule in regards to the situation you are going to discuss. If it is something that occurred that day, unless it is life threatening to a child or yourself, you must wait 24-hours to discuss it with the coach.
2. The Level Representative will then bring all of the parties together to help facilitate a resolution to the issue at hand. This meeting will be handled in a courtesy and respectful manner for all parties involved.

C. Step Two "B":

1. If the issue involves a coach discuss the situation with the appropriate coach after the 24-hour rule has been met.
2. You need to follow the guidelines set forth in the 24-hour rule in handling this situation with the coach.

D. Step Three:

1. If steps One and Two have been successfully met and there is still no resolution to your issue ALL parties in question contact the Level Representative for resolution.

V. *Disciplinary Committee*

A. Disciplinary Committee Purpose:

The Committee is convened to review actions as noted in the section of this Code of Conduct Policy covering suspensions and other disciplinary matters. The Committee will enforce those rules set forth by the USA Hockey, NHAHA By-Laws, Seacoast Association By-Laws, NEHL, and the DYHA Code of Conduct.

The committee must follow the USA Hockey rules in setting minimum responses to infractions, but should and may exercise its discretion to impose a more severe penalty should the Committee believe in its sole discretion that such a penalty is warranted. It is not the purpose of the Disciplinary Committee to “second guess” or evaluate the decisions made by on-ice officials.

B. The Committee and Officer Responsibilities:

The Disciplinary Committee shall consist of three/four members: three will be considered a quorum. THE DYHA Board Vice President shall preside over the Committee as its Chairperson. THE DYHA Board Secretary will act in the capacity of Vice-Chairman. One of the three at-large members will be appointed to act as Secretary of the Committee.

The Chairman shall preside at all meetings and in his/her absence the Vice-Chairman should preside. The Secretary of the Committee is responsible for collecting all evidence for orderly presentation at the hearing and for notifying all "charged" individuals no later than seven days before a hearing of the charges against them and the time, place, and date of the hearing. The Secretary will be responsible for issuing a written report documenting decisions made by the Committee. This report will be made available to the entire DYHA Board of Directors upon its completion.

C. Meetings and Hearings:

1. The Disciplinary Committee will meet on an as needed basis. Advanced notice will be given to all parties involved.
2. Each case will be heard separately. Only those individuals associated with a particular case will be in the hearing room at a given time.
3. Each hearing will begin with the Chairman reciting the charges or offenses.
4. No hearsay evidence is to be allowed. Written and signed statements from persons who are not able to be present may be accepted, however.
5. The individual charged will be expected to make a brief statement regarding the charges.
6. Coaches, parents and other appropriate individuals will also be permitted to make statements, but only as they are recognized by the Chairman. Each person who is scheduled to give a statement should be allowed to make his or her statement without interruption. A short rebuttal should be allowed each person after all witnesses have made their statements.

7. The Committee may make inquiries of clarification to individuals participating in the hearing process. Only panel members may ask clarifying or supplementary questions during the hearing. Normally these questions will be asked at the conclusion of a person's statement. All questions and replies should be addressed through the Chairperson.
8. At the conclusion of all statements and supplementary questions, all witnesses should be excused from the hearing and the Committee should discuss the matter and make their decisions.
9. The individual(s) will be advised of the Committee's decision orally within (24) hours of making their decision.
10. Decisions will be documented in writing and distributed to the individual, their parent, the Coach, all Disciplinary Committee members and the DYHA Board of Directors within (48) hours of the decision.
11. In the event that a Disciplinary Committee member or family member is the subject of a charge or hearing, that member will not participate as a member of the Committee for that particular deliberation. The Chairman shall appoint a replacement for that deliberation (the person selected shall not be a part of the Executive Committee of the Board of Directors).

D. Appeal Process:

What Constitutes an Appeal?

- a. New evidence not used in the original hearing can be presented which may have an effect on the decision.
- b. An appeal may be filed on the grounds of irregularities in the proceedings of the original hearing that may have caused an unjust decision.

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- c. An appeal may be filed on the grounds that the decision of the original hearing was too severe or was too lenient.

- d. An appeal may be filed on the grounds that there is proof to establish that the decision of the original hearing was reached in an unjust manner.

Decisions and sanctions handed down by the Disciplinary Committee may be appealed. A written appeal must be submitted to the President of the DYHA Board (in the case of absence, his/her surrogate) no later than (7) days following the disciplinary Committee decision.

Decisions will be documented in writing and distributed to the individual, their parent, the Coach, all Disciplinary Committee members and the DYHA Board of Directors within (48) hours of the decision. Upon this decision or sanctions handed down by the DYHA Board of Directors the Disciplinary case shall be considered closed.

Signatures

I have received a copy of the DYHA Code of Conduct and Disciplinary Policy, and agree to abide by its guidelines at all team and league activities.

PRINT PARENT NAME: _____

PRINT PARENT NAME: _____

DATE: _____

PRINT PLAYER NAME: _____

PRINT PLAYER NAME: _____

PRINT PLAYER NAME: _____

DATE: _____

PARENT AND PLAYER SIGNATURES:

PARENT: _____

PARENT: _____

PLAYER: _____

PLAYER: _____

PLAYER: _____

PRINT COACHES NAME: _____

DATE: _____

COACHES SIGNATURE: _____